

**2001 California Children's Healthy Eating and Exercise Practices Survey**

**Table 59: Comparison of the Frequency and Amount of Time Spent in School Physical Education Classes Between Children Reporting Any PE and All Children (Diary Sample)**

Not including recess or lunch, during the current school year, do you have any PE (physical education) or gym classes that are taught by a teacher, coach, athletic instructor or some other type of adult teacher?  
 About how often did you have to attend a gym or physical education class?  
 Thinking of a typical gym or PE (physical education) class, for about how many minutes does this class last when you have it?

	Times Per Week Children Reported Having Physical Education Classes, Percent				PE Classes Per Week <sup>1</sup> , Mean	Time Spent in PE Class, Mean Minutes
	<1	1-2	3-4	5+		
<b>Children Reporting Any PE Classes Only</b>	5	51	27	16	2.5	40
<b>Across All Children</b>	19	44	23	14	2.1	34

<sup>1</sup> Children taking less than 1 PE class per week are assigned zero.  
 Excludes those reporting "not sure" if had PE; "don't know" how often had PE; and "don't know" how many minutes of PE.

Rows may not add up to 100% due to rounding.

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